

Minutes Woodside PTA Meeting

Date Time 9/8/2020 6:30 PM | Meeting PTA General Meeting

Zoom Details

Meeting ID: 816 6571 7417

Passcode: 339846

Board Members

President: Christina Hengehold | Executive Vice President: Sheena Mawson | VP Fundraising Programs: Chandler Evans | VP Green Committee: Avani Gupta | VP Events & Hospitality: Melody Westervelt | VP Parent Education: Claire Pollioni| VP Room Parents: Beth Nash | VP Student Programs: Melissa Land | Financial Secretary: Jenny Hayden | Historian: Lisha Mainz| Secretary: Carly Rivera | Treasurer: Caitlin Rozzi | Auditor: Alison Mader | Webmaster: Michelle Ahlstrom

Time	Item	Owner
6:30	Welcome/PTA Board Members Intro	Christina H.
6:45	Welcome/School Updates	Steve Frank Jenn Pedersen Melissa Bowdoin

- Updates:
 - Adult Book Series Discussion
 - Re: Race and Equality.
 - Book: Stamped available at Woodside Library and Books Inc.
 - 9/24 7pm
 - Back to School Night
 - Virtual Event
 - Teachers have their own pre recorded videos
 - Learning Continuity and Attendance Plan
 - School shows how they meet needs of students, how money is allocated, how they are responding to covid
 - Health and Safety Protocols
 - Temp screen, symptom screen, hand washing stations, assigned bathrooms, floor markers, sanitizing protocol
 - In person and distance learning plans
 - Distance learning for 1st quarter
 - Small learning cohorts on campus
 - Return to campus in a phased manner
 - Learning Loss (how to measure)
 - Assess all students (reading, writing, etc.)
 - Gauge where students are
 - Possible learning gaps, then address them
 - Study teams, if needed
 - Actions to funds
 - Distance Learning Program
 - School day feel
 - Seamless Transition

- Reading, Writing and Math every day
- All students have devices and connectivity
 - Purchasing hotspots
 - Students with no internet, bring to campus
- Students with unique needs
 - Nutrition and transportation
 - who is best served coming back to campus
 - o Tinsley Program Students- WES has own bus, not shared
- Tech/Digital Programs, bought licenses→ Scootpad, IXL, Lexia, Seesaw, Google Classroom, etc.
- Social Emotion Support
 - Mental Health
 - SEL
 - Counselors
- Pupil Family Engagement and Outreach
 - What are the needs
 - How to address the needs best we can
- School Nutrition
 - Free and reduced meal programs

7:15 Membership/Directory

Sheena Mawson

- 45 Membership to Woodside PTA... Check or Online
- Teacher Grants, Appreciation, Holiday Photos, School gifts, Original Art, School Photos, Pumpkin Carving Contest, Spirit Wear, Book Fair, etc.
- Konstella
 - Online Directory
 - Will roll out Mid to late September
 - Mobile on your phone

7:30 Presentation/Behavior Health & Recovery Services

Marcos Chacon

- Stress
 - Prolonged Stress Activation
 - Pandemic, Fires, Distance Learning, Political climate, Race and Injustice
 - Exhaustion, more fatigue → Result of all the stress
 - Focus
 - Irritability
 - Lots of disruptions
 - Being on devices more
 - New situations
 - Short term memory loss
 - Simple everyday tasks, can be stressful now
 - Relationships
 - Can we see our families? Can we see our friends? Can kids see their friends?
 - We depend on relationships→ they are rewarding
 - Our everyday schedules, involve lots of relationships (at school, at work, etc)
 - When we have more reward, more positivity → Bank of positivity
 - Stress can be good for us
 - Don't be afraid of stress
 - Is the pattern positive or destructive
 - 2 different patterns
 - Vulnerability or Resilience

- Have a positive attitude, be hopeful
 - Be more resilient, positive outlook
 - Daily Structure, Consistent times, Limit media consumption, Exercise, Eat Healthy, Balance Nervous System, Reach out to others, Be intentional to who you reach out to, etc.
- Self care is important
 - Don't feel guilty
- Distance Learning
 - Difficult for Parents and Children
 - Kids when stressed→ regulate them→ relate with them → then reason with them
 - Engage with them, support them
 - What do they need?

8:00 PTA Events/Instagram

Melody Westervelt

- Events
 - Let go of: Back to School BBQ
 - October
 - Pumpkin Carving Contest (virtual)
 - Boo Bags (buy)
 - Book fair
 - Talking with Scholastic
 - Late November, Early December
 - Teacher Appreciation
 - Door dash lunch
- Instagram
 - Feel connected from home

8:10 School Photos

Jane Glanville

- Individual Photos with original photographer
- Outside
- 10/5, 10/6, 10/7, Staff photos Thursday
- Arrive with family- take individual photos
- 30 minute time slot
- Parents can not get out of car
- Kids wear masks
- Class Photos
 - Zoom photos
- Yearbook (?)

8:15 Fundraising Updates (Original Art)

Christina H.

- PTA sponsored program for WES Art Program
 - Do art work at home
 - Pick up order form 10/5-7 during school photo session
 - Theme will be announced soon
 - Drop off artwork late October
 - PTA will submit the artwork
 - Digital online webpage to purchase the original art items

8:20 Room Parents, Class Socials

- Parent socials 9/17 BTSN
 - o TK-4th 6:30-7
 - o 5th-8th 6-6:30

8:30 Adjourn Christina H.

• Tues 12/1 NEXT PTA General Meeting

Upcoming Events (for more info click HERE)

Virtual Class Socials at BTSN: Sep. 17 Virtual Garden Fest: Oct. 20

School Photos: October

Virtual Original Art: October

Virtual Pumpkin Carving Contest: Oct. 30

Future Meetings

Tues., December 1, 2020 - Holiday Season of Giving Tues., April 20, 2021 - PTA Board Elections meeting Wed., June 9, 2021 - End of Year Line Up & Appreciation Awards

Want to volunteer? Please contact Christina Hengehold christinahengehold@gmail.com> for more information